

T★SO

Volleyball Training

Duties of the R1

2/2024

First Referee Duties

- **Pre-match**
- **Signals**
- **Whistle**
- **R2 and Line Judges**
- **Ball Handling**
- **Judgment**
- **Post-match**

To Be Successful

- **Learn the Rules**
- **Accept Constructive Criticism**
- **Learn from your Mistakes**

First Referee Duties

- **Facilitate the match without bias**
- **Know the rules**
- **Be consistent**
- **Don't make up calls**
- **Trust your R2 and Line Judges**
- **Review R1 duties in the Officials Manual**

Pre-match Procedures

- **Arrive early and greet co-officials**
- **Inspect the playing area, net, ball**
- **Introduce yourself to the Admin on Duty**
- **Pre-match conference (call captains/coach with a double whistle-hold coin in the air)**
- **Conduct coin toss**

Pre-Match Conference

- **Review playable/non-playable areas**
- **Review new rules**
- **Ask coach - uniforms and equipment legal?**
- **Coin toss-Visiting team calls-winner serve or receive**
- **Timed warm-up begins**

Signals and Whistle

- **Use proper signal/sequence**
 - **Whistle-loss of rally point-violation**
- **Whistle as soon as the play ends**
- **Blow your whistle with confidence**
- **Allow the R2 to whistle first on centerline and net faults**

Use your R2 and LJ

- **Support and use your crew**
- **Check the roster and uniforms with the R2**
- **Make it a habit to whistle, glance at the line judges as needed, center with the R2, then signal**
- **Make your crew feel like part of your team**
- **Always be appreciative**

Ball Handling

Be consistent

- **Beginning to end**
- **From one technique (set) to another (pass)**
- **From one court to another court in the same gym**
- **With protocols and sanctions**

Ball Handling

- **Use your eyes, not your ears**
- **Focus on ball contact (watch the ball hit the hands and arms)**
- **See a fault, whistle--no fault, play on**
- **Don't call ugly looking plays-ugly is not always illegal**

During Play

- **Know the serving rules**
- **First ball over rules**
- **Second/Third hit rules**

Judgment During Play

- **Spin does not always mean fault-watch the hands until you see the misplay**
- **With the first ballhandling call you make, you are setting the bar for the rest of the match**
- **Judge only what you see**
- **Again, ugly may be okay and legal**
- **Don't allow the crowd or coach to influence your judgment**

How to Improve

- **Look confident (even if you are not)**
- **Separate signals (1-whistle, 2- Point, 3-fault)**
- **Whistle as soon as play ends**
- **Slow down signals and hold the higher/longer**
- **Scan court before beckoning for serve**
- **Use the correct signal on the correct side**

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**HAVE A
GREAT SEASON**